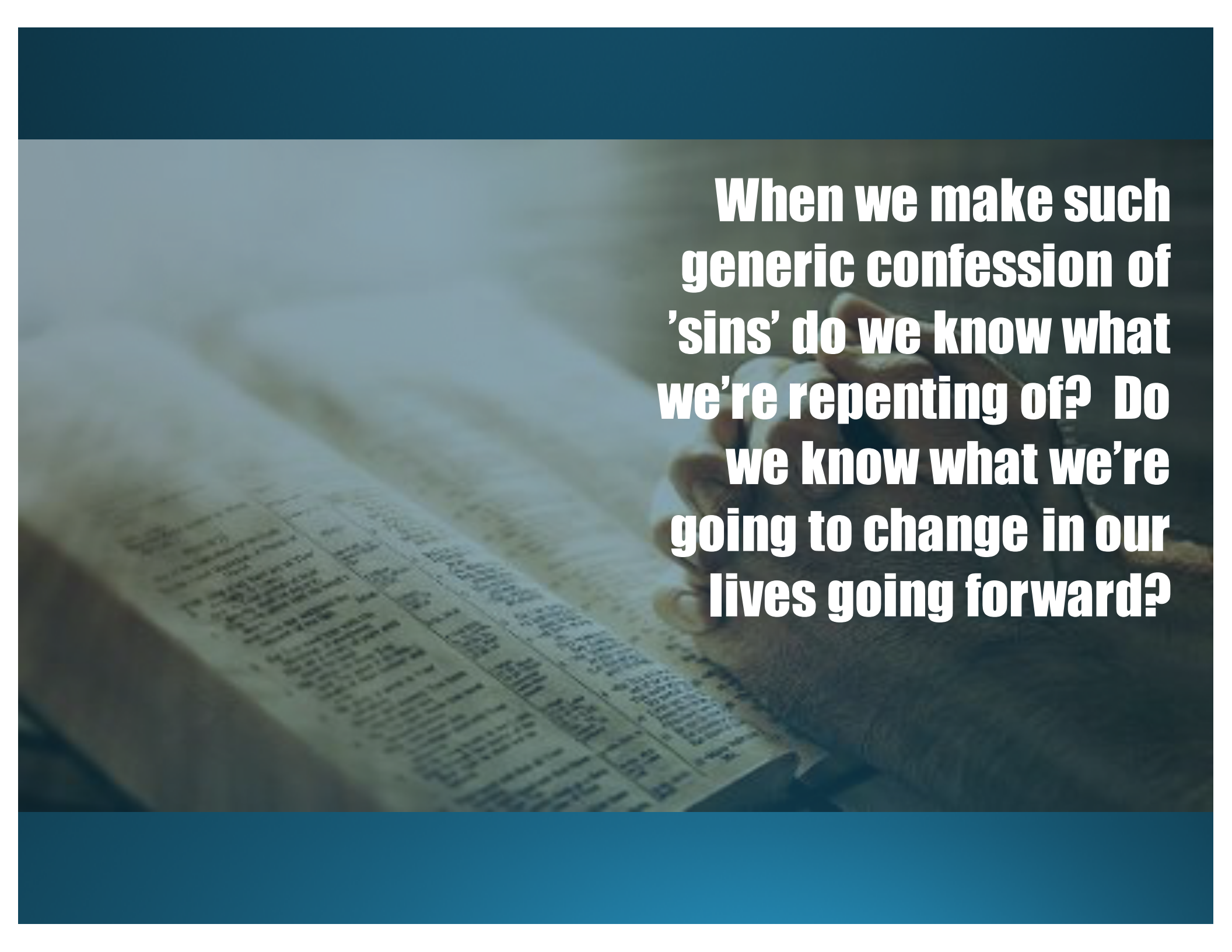


Repentance and Confessing our Sins



Confession is for our benefit, but an absolute must as well.

- I John 1:9 – “If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness.”
- Notice what God is **NOT** saying:
 - You can confess since a wholesome spiritual exercise
 - You can confess since it’s for your benefit
 - You can confess your sins if you’d like
- Since we’re not telling God anything He doesn’t know already, there must be inherent value to us.
- Do I specify the sins in prayer from time to time and to others?

A close-up, slightly blurred photograph of an open Bible. A person's hand is resting on the pages, which are filled with text. The lighting is soft, and the overall tone is contemplative. The text on the pages is mostly illegible due to the blur and the overlay.

When we make such generic confession of 'sins' do we know what we're repenting of? Do we know what we're going to change in our lives going forward?

So is generic confession of sins acceptable to God?

- “Forgive us our debts” – Matt 6:12
- “Be merciful to me a sinner” – Luke 18:13
- One of the great confession prayers in all the Bible was generically confessing sin – Daniel 9
- *So we’re not saying broad statements about our sins is totally unacceptable. We just need to make sure confession is always with true sorrow and understand what we need to change going forward.*

A close-up photograph of a person's hands clasped in prayer, resting on an open Bible. The Bible is open to a page with text, and the hands are positioned over the text. The background is a soft, out-of-focus light blue. The overall mood is solemn and reflective.

**There is a time and place
for specifically naming
our wrongs though**

Ezra 9

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- <https://olpssulphur.com/reconciliation>