

The Power of Music





The Movies Wouldn't Be the Same without the Great Music!



Olympians Listen to Music Before They Compete



Rocky Theme?

Eye of the Tiger?



A group of men in white athletic gear are running on a beach. The men are wearing white short-sleeved shirts and white shorts. They are running from left to right across the frame. The background shows the ocean and a cloudy sky. The text "— CHARIOTS OF FIRE —" is overlaid in the center of the image in a blue, serif font with a white outline. The text is flanked by red horizontal lines on either side.

— CHARIOTS OF FIRE —

Music is a Part of Every Major Life Event



Music Therapy



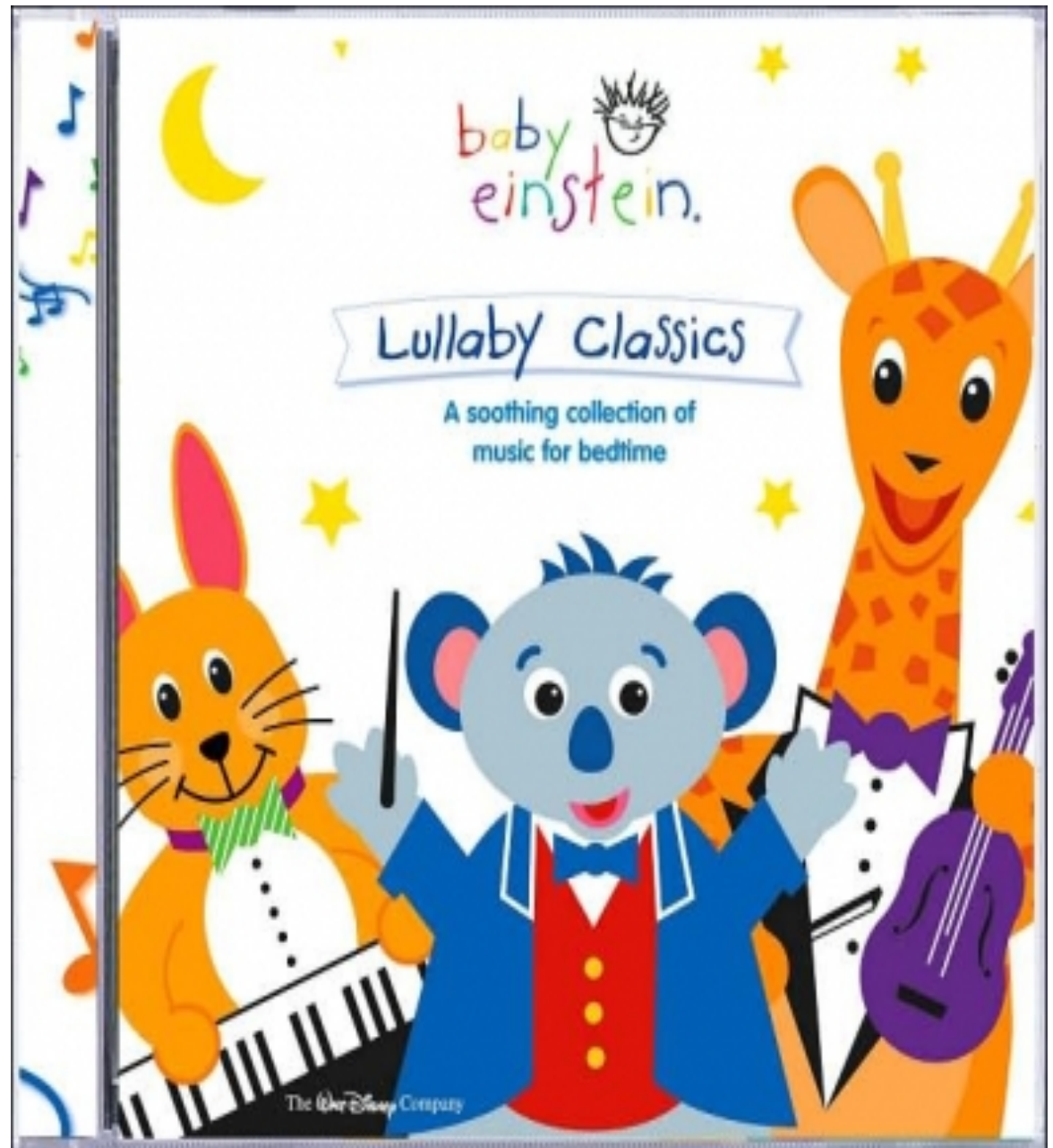
Health Benefits of Music

- 1) Lessens Pain in Cancer Patients
- 2) Lowers Blood Pressure
- 3) Decreases Heart Rate
- 4) Decreases Breathing Rate
- 5) Relieves Depression
- 6) Relieves Insomnia
- 7) Relieves Anxiety
- 8) Improves Mood/Physical Movement – (Stroke)
- 9) Help children – w/ Developmental Disabilities
- 10) Helps Adult's w/ Alzheimer's

Classical Music has Been Known to Improve

1) IQ Levels

2) Brain Circulation



Music Lessons – Choir – Band - Orchestra

IMPROVES

CHILDREN'S

GRADES



David's Sweet Music Causes the Evil Spirit to Flee from King Saul



1st Sam. 16:14-19, 23

Jesus and the Disciples Sing a Hymn Together Before He's Ultimately Taken to the Cross



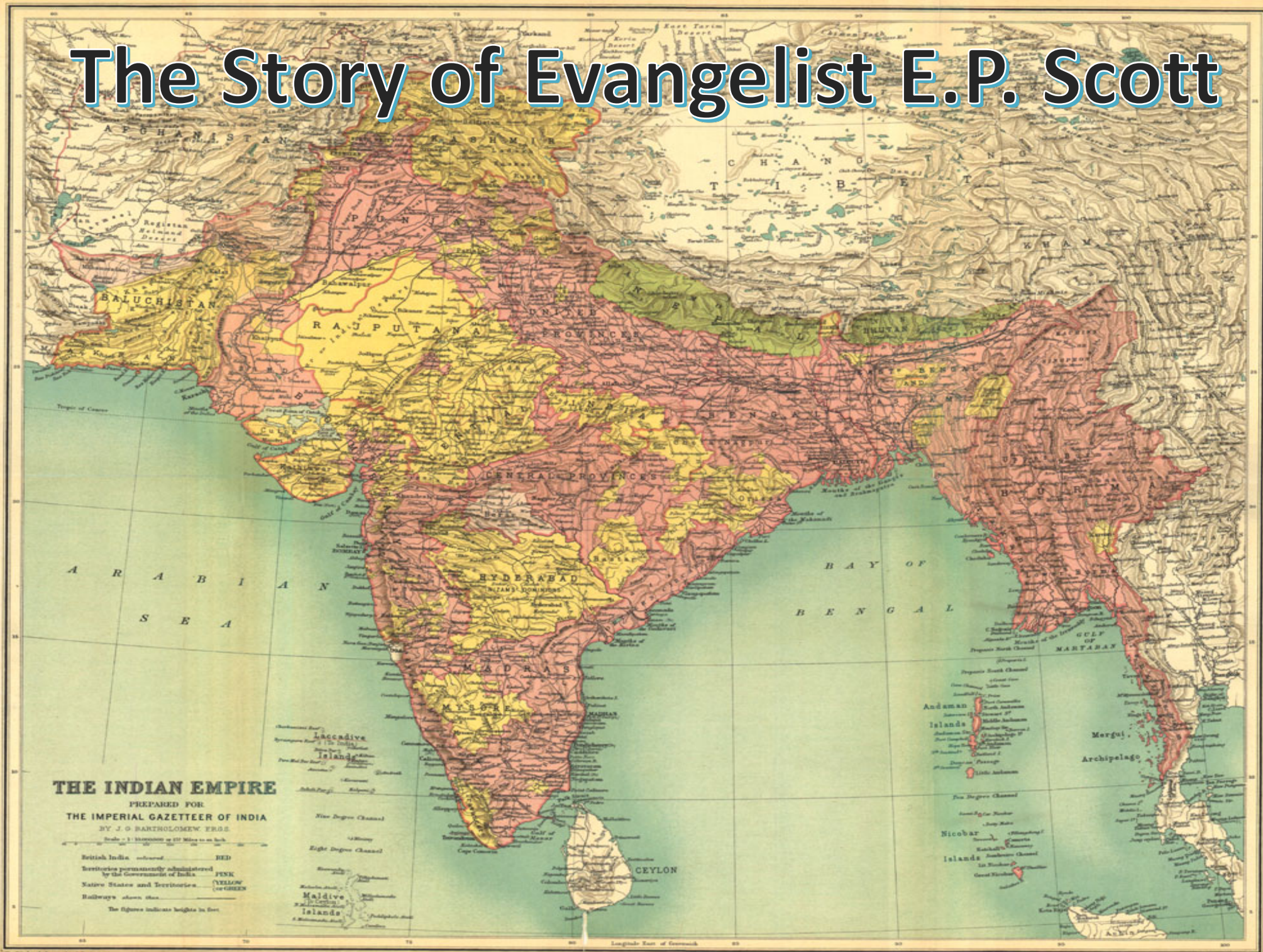
Matthew 26:30-37

Paul and Silas Singing in Prison Before a Miraculous Rescue



Acts 16:21-30

The Story of Evangelist E.P. Scott



Tapping into the Power of Music

- 1. Find Spiritual Music that Moves YOU**
- 2. Make a Practice of Listening to Spiritual Music Daily – and Sing Along w/ it!**
- 3. Keep Your Spiritual Music Close By at All Times - Use as a Tool to Ward-Off Temptation**
- 4. Be at Every Church Service and Take Advantage of the Opportunity to Sing with Others in Praise of God.**

1st Samuel 16:23

