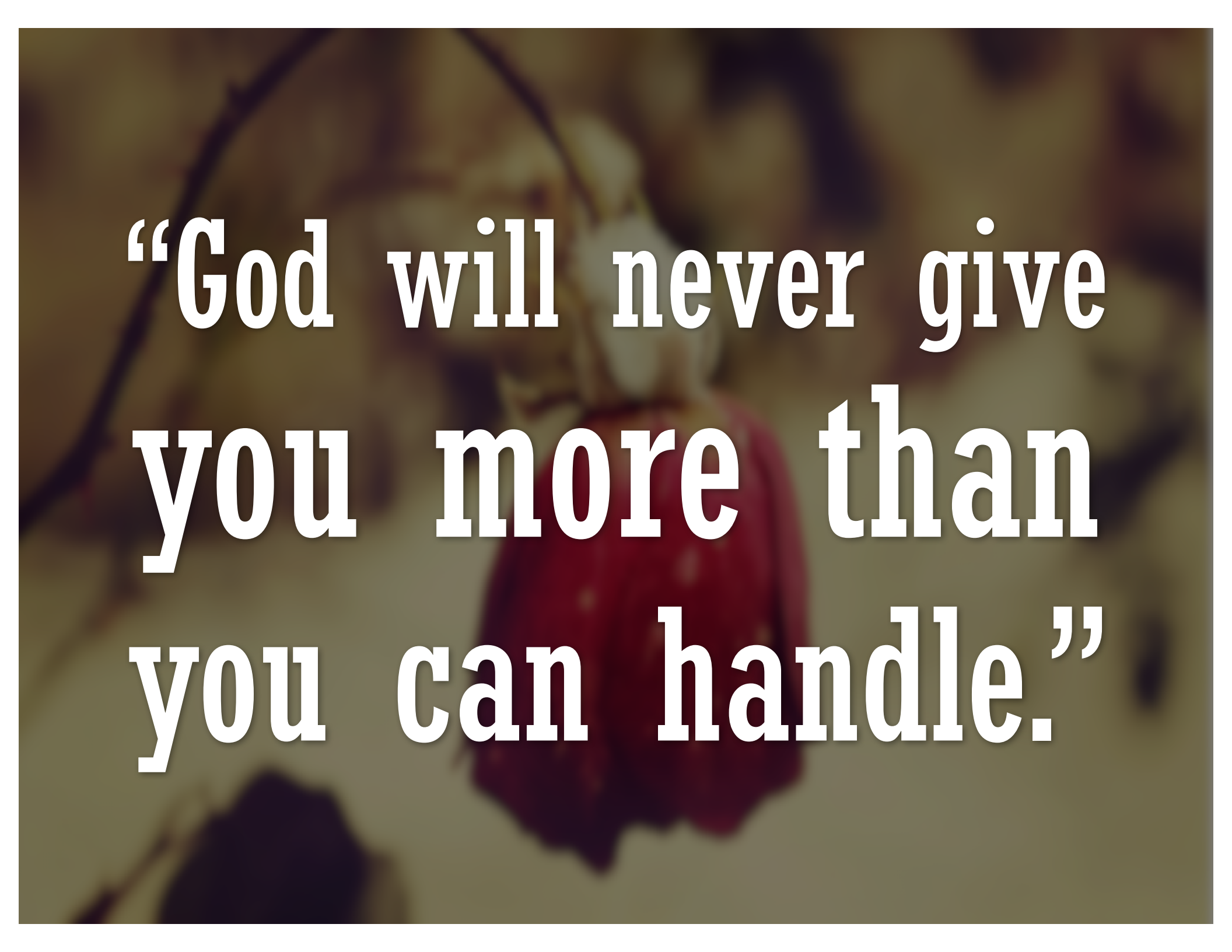




SIT IN THE PAIN



**“God will never give
you more than
you can handle.”**

FIRST CORINTHIANS 10:13

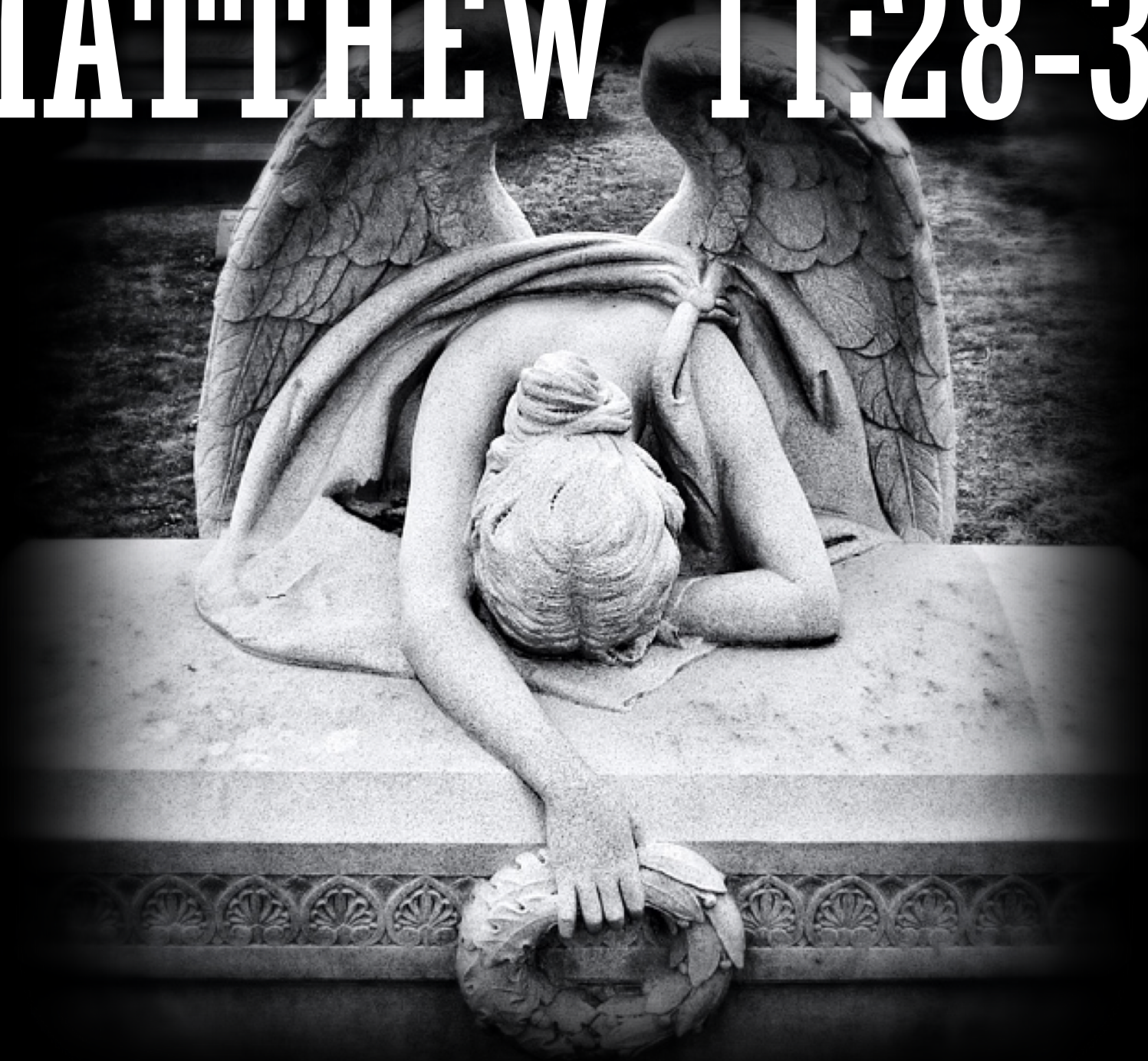
- First, the context clearly indicates that this is about temptations, not morally-neutral challenges. The previous verse warns about maintaining a sense of superiority or security when it comes to sin. Additionally, verse 14 connects the previous thoughts with a warning against idolatry.
- Even the verse itself never says we have superhuman abilities at our disposal or that there is no possibility of being crushed by sin. Rather, the apostle is telling his readers to be “smart” about temptations, not “strong.”
- It is exactly because we CANNOT handle everything on our own that God provides the way of escape – not confrontation.



SOME BURDENS ARE TOO HEAVY TO BEAR

**2 CORINTHIANS 1:8-9
& PSALM 38:4-8, 10**

MATTHEW 11:28-30



SORRY COMFORTERS

- It is better to say nothing than to push an inaccurate view of God that only results in greater pain. Job's three friends are a perfect example of this.
- At first, they only sit with Job in his pain (Job 2:11-13), but proceed to tell him all of his calamities are his fault (4:7-8, 8:1-7).
- Job is vexed by this explanation because it does not fit what he has always (and accurately) believed about God (10:5-7, 6:10, 6:24-30).
- "Sorry comforters" push convenient falsehoods on the suffering – things that only sound good to the human mind (16:1-3, 21:34).



SIT IN THE PAIN

MARK 14:32-42, MATTHEW 26:36ff, LUKE 22:39-46