

CHANGE

(Get used to it)

# Life's Big Changes

- While it might seem like “life” is constantly throwing us curveballs, there is a surprising degree of consistency to it. Many of the changes we face are not unlike the changes faced by countless others.
- This doesn't make them any less shocking to the system – kind of like an ice bucket challenge, right?



**“I NOT HAPPY, DADDY”  
(about ice bucket challenges)**



**You're not alone in  
your discomfort...**

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# Avoiding The Pitfalls

- Be careful about holding on to the past.
- “Why can’t everything just stay the same?”
- Staying in high school forever.
- Being afraid of something that has been done billions of times.
- New freedoms bring new temptations.
- Change that is always a means to an end.

# **Change Is Bittersweet**

**(Ephesians 4:13-15, Ecclesiastes 12:1ff)**



**Foot Wayne IN**

**But it is necessary to become  
what God wants us to be**

**(John 12:24, 1 Corinthians 15:35ff)**



**An optimistic view of the future**  
**(Prov. 31:25)**

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**Psalms 37:1-11, 23-26**

# Optimism

- You are needed in the future, not the past.
- Change is inevitable. Resistance is a waste of precious energy.
- Relationships change, and often for your good.
- Cultivate new friendships – While we should never forsake old friends (Prov. 27:10), life should never remain static. Don't be so quick to dismiss the possibilities of new friendships.



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