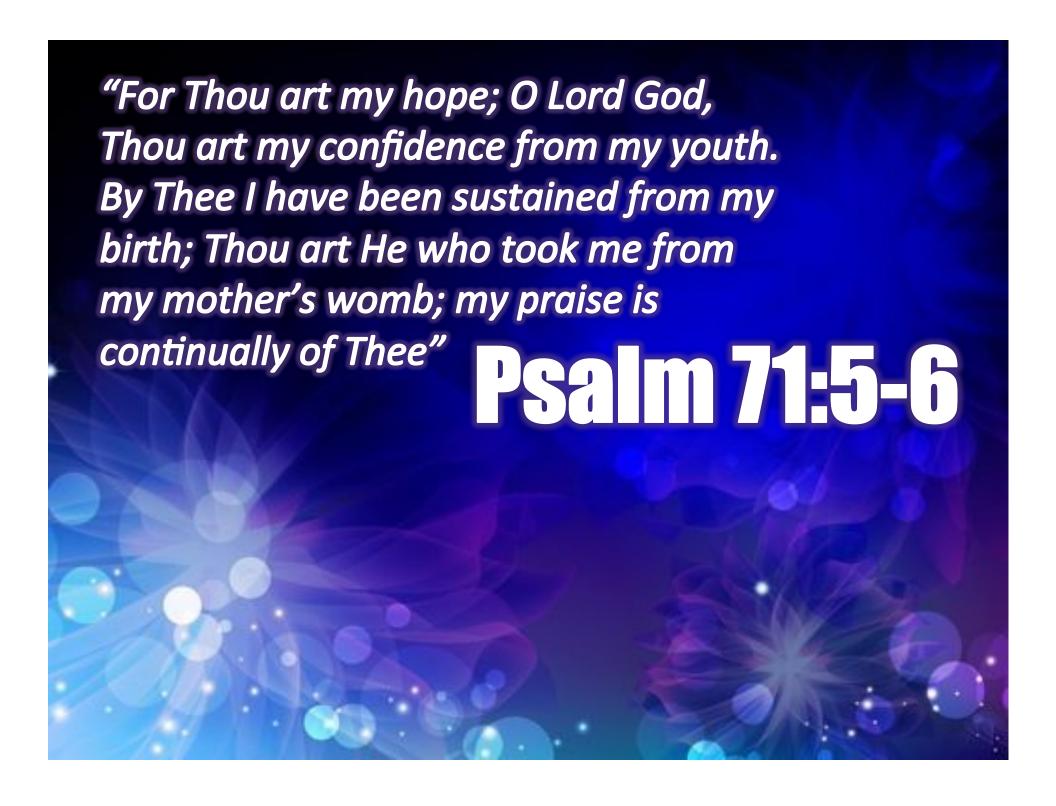


## **His Rock And Fortress**

- "In Thee, O Lord, I have taken refuge; let me never be ashamed. In Thy righteousness deliver me, and rescue me; incline Thine ear to me and save me. Be Thou my rock and habitation, to which I may continually come; Thou hast given commandment to save me, for Thou art my rock and fortress" (Psalm 71:1-3).
- God is dependable, even in the eyes of a man who has many years under his belt!



## AMarvell

- "I have become a marvel to many; for Thou art my strong refuge" (Psalm 71:7).
- "Marvel" may mean a couple things. First, it could be that his peers marveled that he would maintain faith in spite of his many troubles.
- Or, it could be that his righteous example had produced excitement in others for their own faith.

- Weakness and Loss of Strength Psalm 71:9
  - Having a proper perspective on the frailty of the body will keep our spirits in check.
- Troubles Do Not Go Away Psalm 71:10-11
  - In fact, some challenges become more potent as we get older.
    - Being Alone Psalm 71:11
    - It can become a very lonely time in life.

## Lessons About Old Age

## Positive Solutions

- Teaching the Next Generation Psalm 71:18
  - Our greatest legacy could be teaching others about faith in Christ.
- The Blessings of the Present Psalm 71:17
  - Exulting in the blessings of today is a reminder that God is still working for you.
- This Will Work Out Psalm 71:20