

Do Not Borrow Trouble From Tomorrow

(James 4.13-16)



Anxiety and Aspirin

- **Mt.6.33-34:** “Seek first the kingdom of God and His righteousness, and all these things shall be added to you. Therefore, do not worry about tomorrow, for tomorrow will worry about its own things. Sufficient for the day is its own trouble.”
- Pessimism is never the route to happiness.
- Early 1900’ s: Banker would not invest in Ford—”the horse is here to stay.”
- Global Warming People: World is becoming hotter and hotter.
 - News Flash: The earth will get very hot one day!
 - Tombstone: “See, I told you that I was sick.”
 - **Mayo Clinic Study of 2002:** “People who only see the darker side of life do not live as long as those with a more optimistic view.”
 - Prov. 17.22: “A merry heart does good like medicine, but a broken spirit dries the bones.”

Matt. 6.25-34

- Can't add one inch to our height
- God feeds the birds
- The flowers of the field do not work
- What will we eat, drink, wear...?
- Heb.13.5: "Be content with such things as you have."
- Most fears never come to pass
- "A coward dies a thousand deaths, a brave man dies but once."

(2 Kings 6.13-18): Elisha

- Hopeless Situation---King of Syria
- “God open their eyes”
 - Chariots of fire
 - V.16: So he answered, “Do not fear, for those that are with us are more than those who are with them.”
- This world is not our home
- Theophilus: “We know that our life (physically) is never going to get better.”

“Martha, Martha...” Lk.10.41

- ❑ “Martha was distracted and troubled about many things...”
- ❑ “Tell her to help me...”
- ❑ “One thing is needed... and Mary has chosen the good part...”

❑ ***Priorities***

- Bible study
- Work—(Prov.30.7-9)—“Give me neither poverty or riches..”
- Hospitality (Pursue)
- Entertainment
- Opportunities for sharing the Gospel
- Attendance

Lessons For Us

- ✓ Difficult not to worry
- ✓ Most worries don't materialize
- ✓ Prioritize -- (Arranged in the proper order)
- ✓ “Those that are with us are more than those that are with them.”
- ✓ Life is short—Vapor (Psa.39.5; Jas. 4.14).
- ✓ Judgment is coming like a thief in the night (1 Thess. 4/5).
 - ✓ It is truth learned too late!
- ✓ Pray every day
- ✓ Study the Bible every day
- ✓ Rom.12.18: “If it is possible, as much as depends on you, live peaceably with all men.”
- ✓ If life didn't have it's troubles, why would we want to leave here?

