





THANK YOU

welcome to the

Monte Vista church of Christ

THANK YOU

ADHERENCE

Consider your spirituality as if it were a medical condition...

II Cor 13:5



We understand
adherent and
non-adherent
human
behaviors and
their
consequences



We can determine what constitutes adherence

- >80% Medication Possession Ratio

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We can determine what constitutes adherence

- >80% Medication Possession Ratio
- **Spiritual self assessment**
 - Steady or faithful attachment
 - To be devoted in support or allegiance

We can see the benefits of adherence



The Bible is an “Iffy” Book

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- 1 Jn 1:7 – **If** we walk in the light as He is in the light, **then** we have fellowship with one another and the blood of Jesus cleanses us from all sin

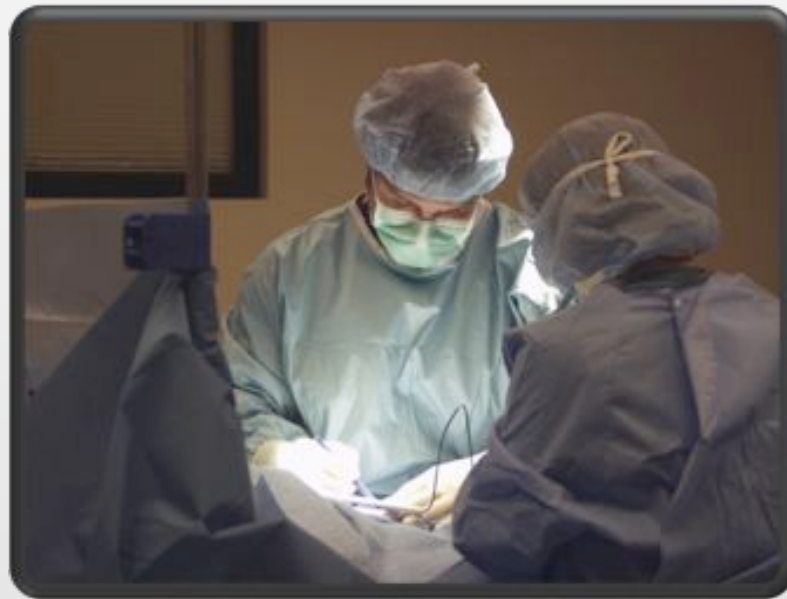


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We can see the dangers of non-adherence



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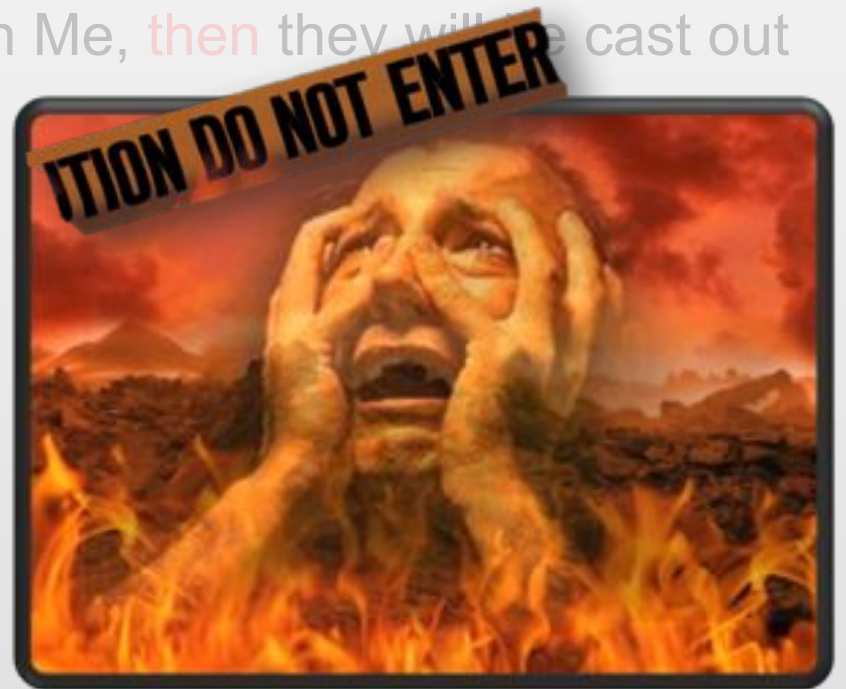
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We know
the reasons
for poor
adherence



The biggest causes of non-adherence are _____ in nature

15%
Clinical



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15%
Clinical



16%
Cost



The biggest causes of non-adherence are behavioral in nature

20%
Late Renewals



39%
Missed Dose



10%
Late Refill



Behavior-Related Obstacles

69%

15%
Clinical



16%
Cost



The Intent-Behavior Gap



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The Intent-Behavior Gap



We can
solve for
adherence
shortcomings



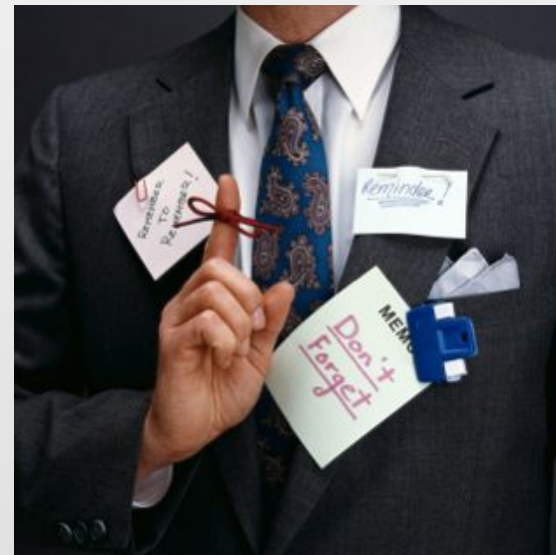
We can improve non-adherence



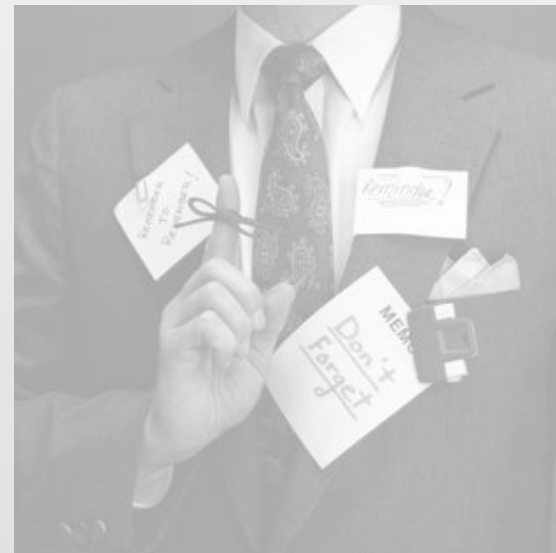
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Singing about Adherence

- ❑ A Beautiful Life
- ❑ Blessed Are They Who Do His Commandments
- ❑ Dare To Stand Like Joshua
- ❑ Do All In the Name of The Lord
- ❑ Footprints of Jesus
- ❑ Give Me the Bible
- ❑ Higher Ground
- ❑ I Am Resolved
- ❑ I Surrender All
- ❑ I Want To Be a Worker
- ❑ In the Service of My King
- ❑ Live For Jesus
- ❑ None of Self and All of Thee
- ❑ Seek Ye First
- ❑ Sowing the Seed of the Kingdom
- ❑ Standing On the Promises
- ❑ Take Time to Be Holy
- ❑ The Last Mile of the Way
- ❑ The World's Bible
- ❑ Trust and Obey
- ❑ We'll Work Till Jesus Comes
- ❑ Where He Leads I'll Follow
- ❑ Yield Not to Temptation

- ✓ Non-Adherence may be killing us!
- ✓ The “If-Thens” of (Non)Adherence
- ✓ The Intent – Behavior Gap
- ✓ Dying ‘by Degrees’
- ✓ Contribution vs. Commitment

ADHERENCE

YOLO

ADHERENCE