

Shepherding Your Child's Heart

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Children...

Tried and tested techniques
for increasing your child's happiness – from toddler to teen

Raising Happy Children FOR DUMMIES®

Sue Atkins

Parenting coach and NLP Master
Practitioner and Trainer

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- Be the coolest — and the calmest — dad on the block

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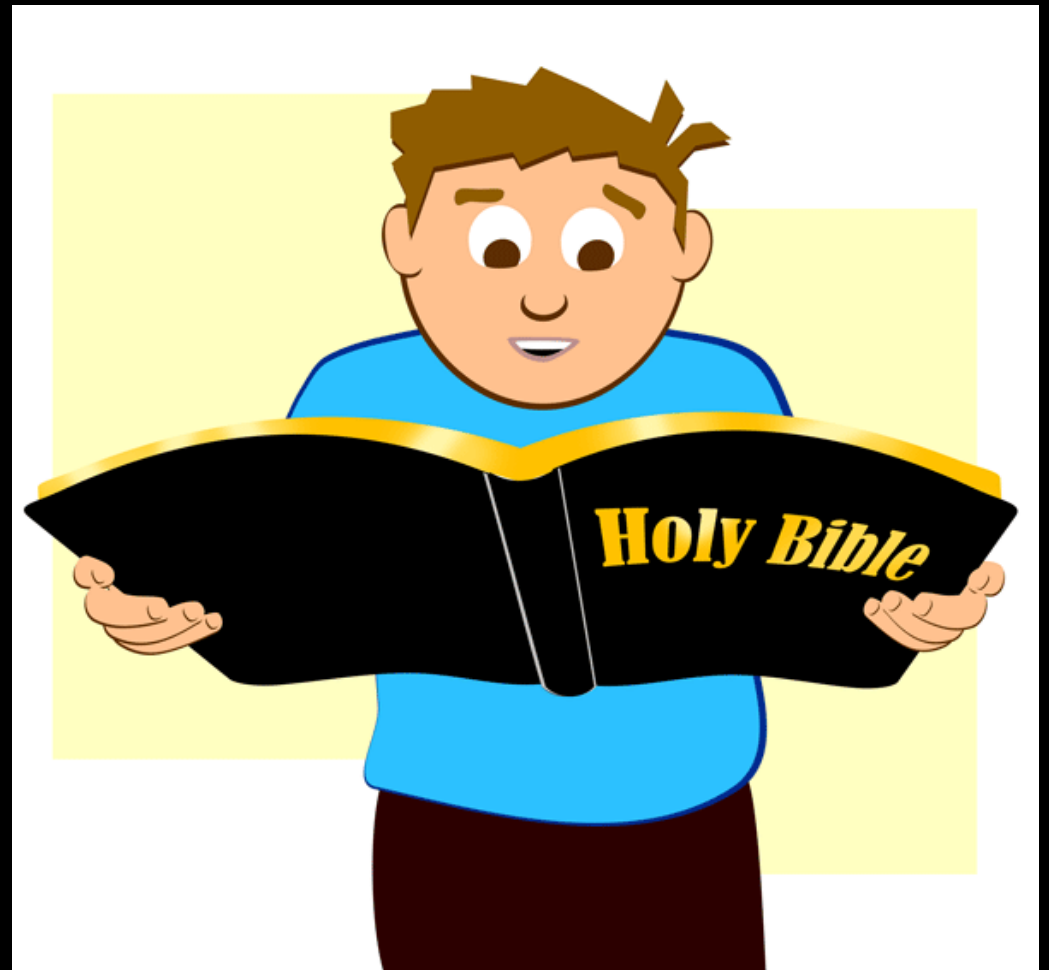


Children...

- "... they don't come with a manual."
- ... an Instruction Book, User's Guide, Warranty
- ... an "Off Switch", "Volume Control", "Undo"

Children...

- Blessing from God
- Have a Soul





Emotions

Expression

Words

Thoughts

Intentions

Manners

Behavior

Features

Desires

Luke 1

⁶⁵ Then fear came on all who dwelt around them; and all these sayings were discussed throughout all the hill country of Judea. ⁶⁶ And all those who heard *them* kept *them* in their hearts, saying, “What kind of child will this be?” And the hand of the Lord was with him.

Parenting...

- Changing behavior
 - Pavlov could change behavior in dogs.
 - Parents can change behavior in children.
- Behavior is on the surface
 - Very easy to get the right response from a child.
 - Heart is much deeper

Deuteronomy 6

⁶ “And these words which I command you today shall be in your heart. ⁷ You shall

- teach them diligently to your children
- shall talk of them when you sit in your house
- when you walk by the way
- when you lie down
- when you rise up.

Deuteronomy 6

⁸ You shall bind them as a sign on your hand, and they shall be as frontlets between your eyes. ⁹ You shall write them on the doorposts of your house and on your gates.

Matters of the Heart

- Matt 5:21-26 – Murder → Hatred
- Matt 5:27-28 – Adultery → Ogling

Matthew 6

¹⁹ “Do not lay up for yourselves treasures on earth, where moth and rust destroy and where thieves break in and steal; ²⁰ but lay up for yourselves treasures in heaven, where neither moth nor rust destroys and where thieves do not break in and steal. ²¹ For where your treasure is, there your heart will be also. (NKJV)

Mark 7

²¹ For from within, out of the heart of men, proceed:

Evil thoughts

Deceit

Adulteries

Lewdness

Fornications

An evil eye

Murders

Blasphemy

Thefts

Pride

Covetousness

Foolishness

Wickedness

Luke 6

⁴⁵ A good man out of the good treasure of his heart brings forth good; and an evil man out of the evil treasure of his heart^[g] brings forth evil. For out of the abundance of the heart his mouth speaks. (NKJV)

Manipulating Behaviors

- Emotional Appeal – “Makes me so sad...”
- Bribe – “If you kids..., then you can...”
- Reward – “Stickers!!!”
- Shame – “If they could see you now...”
- Guilt – “You did what!”
- Penalize – “Shut-up’ Money Jar”
- Threaten – “If I have to come in there ...”

- Basis for Ethics → God has spoken

Matters of the Heart



Psalm 139

²³ Search me, O God, and know my heart;

Try me, and know my anxieties;

²⁴ And see if *there is any* wicked way in me,
And lead me in the way everlasting.

Psalm 26

² Examine me, O LORD, and prove me;
Try my mind and my heart.

Ezekiel 36

²⁶ I will give you a new heart and put a new spirit within you; I will take the heart of stone out of your flesh and give you a heart of flesh. ²⁷ I will put My Spirit within you and cause you to walk in My statutes, and you will keep My judgments and do *them*.

Psalm 51

¹⁰ Create in me a clean heart, O God,
And renew a steadfast spirit within me.

¹⁷ The sacrifices of God *are* a broken spirit,
A broken and a contrite heart—
These, O God, You will not despise.

We'll Serve the Lord

In the begi_nning God created all things, and from the sta_rt he had a pla_n.

To reconci_le all things in heaven, on earth back to hi_m and for his pla_n.

He charged the me_n to lead their families to trust in hi_m, the loving Go_d.

So toda_y for me and my house, we'll serve the Lord, the living Go_d.

*To be the fa_ther that God meant you to be; to
teach your chi_ldren from the sta_rt,*

*To honor Go_d, and then you'll surely be a man
that's a_fter God's own hea_rt.*

So fathers lea_d your precious families, to serve
the Go_d who reigns eternally_.

And as for me_ a_nd my house, we'll serve the
Lord, the living Go_d.

Down thru the yea_rs we read about God's men,
remember Noa_h and Abraha_m.

Remember Ja_cob brought forth Israel that
Moses lea_d to Canaan la_nd.

Then God sent pro_phets who foretold a day,
another ma_n would lead the heavenly wa_y.

And Jesus ca_me to make the perfect way to
serve the Lord, the living Go_d.

*To be the father_ that God meant you to be; to
teach your chil_dren from the sta_rt,*

*To honor Go_d, and then you'll surely be a man
that's a_fter God's own hea_rt.*

So fathers lea_d you precious families, to serve
the Go_d who reigns eternally_

And as for me_ a_nd my house,

And as for you_ a_nd your house,

Together i_n the_ Lord's house_, we'll serve the
Lo_rd, the_ living Go__d.