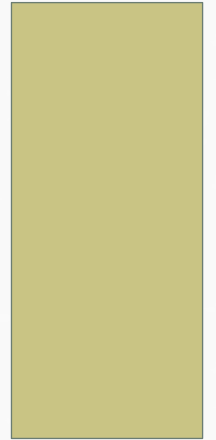


# THE BOOK OF HEBREWS

## – CHAPTER 4 –

BE DILIGENT TO ENTER GOD'S REST



# THREE QUESTIONS (HEB 3:16-19)

- Who having heard, rebelled?
- With who was He angry forty years?
- Who did He swear would not enter His rest?

All who came out of Egypt, led by Moses

Those who sinned, whose corpses fell

Those who did not obey

**So we see that they could not enter in because of unbelief**

# BELIEF IS ESSENTIAL

- **BELIEF**
  - In God's word, promises, and ability to aid us
  - Compare Heb 3:19 and 4:2, 6, 11
- Where does **BELIEF** originate?
  - Hearing the Gospel (good news) Heb 4:2
- What does this **BELIEF** prompt?
  - Obedience and trust Heb 4:2

# GOD'S REST

- **“rest”** is mentioned in Heb 3:11,18, 4:1,3,4,5,8,9,10,11
- What comes to mind when you define “rest”?
- What would the Hebrews likely use to define rest?
- Since God's rest is connected to the Israelites failure to take Canaan, is God's rest a place?
- When is God's rest first mentioned of in the Bible?

# GOD'S REST IN HEB 4:1-11

- Promise of entering remains (v1)
- Fear lest you fall short (v1)
- Requires faith (v2)
- **For we who have believed do enter that rest** (v3)
- Finished from foundation of world (v3)
- God's seventh day rest is connected (v4,10)
- Some must enter (v5)
- Disobedience kept Israelites from entering (v6)
- Can be entered "today" (v7)
- Was not given by Joshua (v8)
- Remains for the people of God (v9)
- Requires diligence to enter (v11)

# GOD'S REST IS OPEN NOW!

- **Heb 4:1a** *Therefore, since a promise remains of entering His rest, let us fear lest any of you seem to have come short of it.*
- **Heb 4:3a** *For we who have believed do enter that rest*
- **Heb 4:9** *There remains therefore a rest for the people of God*
- **Heb 4:11** *Let us therefore be diligent to enter that rest*

# GOD'S REST PROVIDES:

- Our true needs
- Freedom from primary focus on physical needs
- Freedom from sin's oppression and slavery
- Peace
- A focus on fellowship with God
- Worship, appreciation, and adoration to God
- Contentment

**When we completely trust God and devote ourselves to Him, we experience "God's rest"**

# GOD'S WORD REVEALS

## HEB 4:12-13

- The Word of God is:
  - Living
  - Powerful
  - Sharper
  - Piercing
  - Discerning
- Nothing is Hidden from God
- We are Naked and Open to God



# IN WHAT WAYS DOES HEBREWS 4 CHALLENGE YOU TO GROW?

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