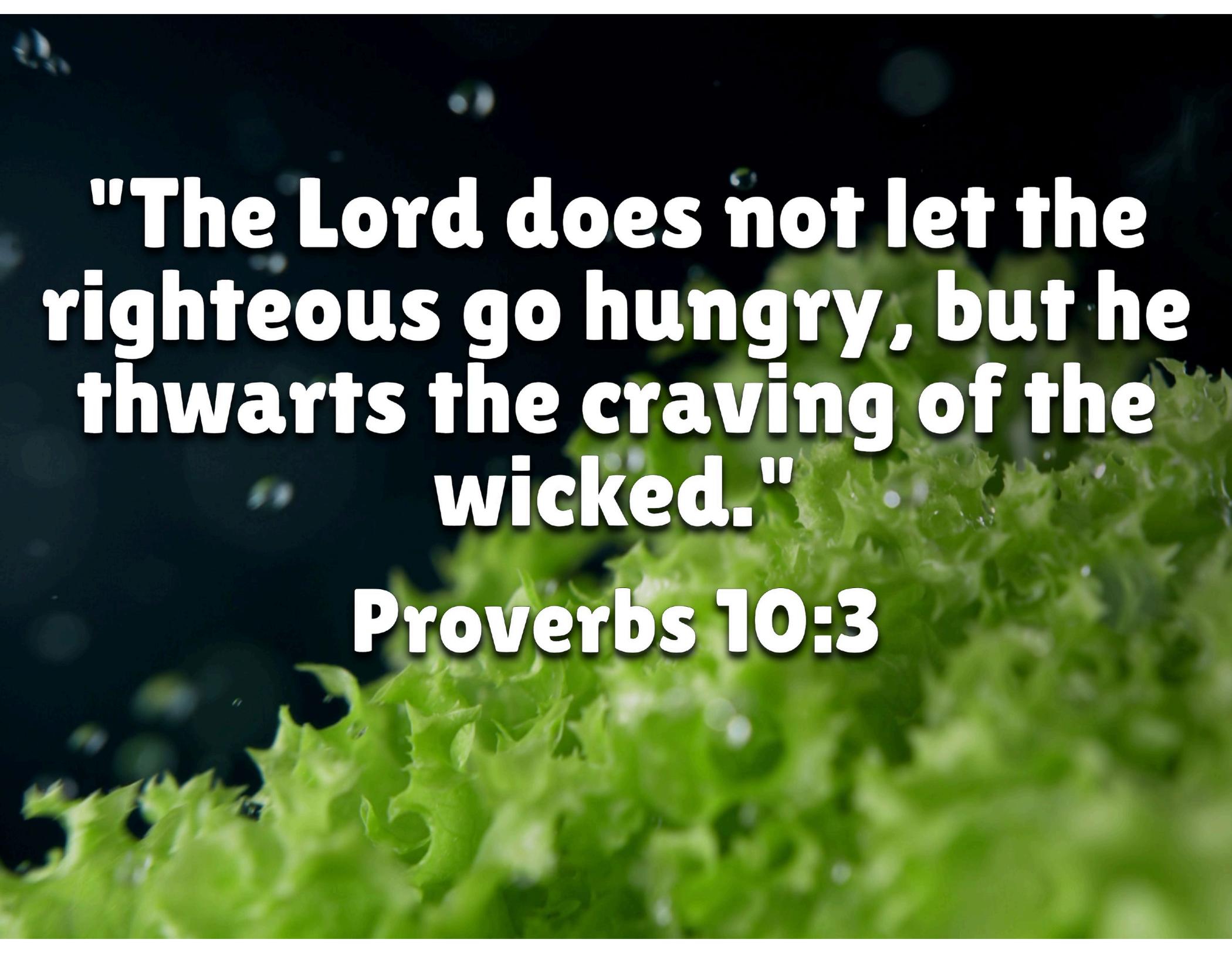


**Are You
Hungry?**





**"The Lord does not let the
righteous go hungry, but he
thwarts the craving of the
wicked."**

Proverbs 10:3



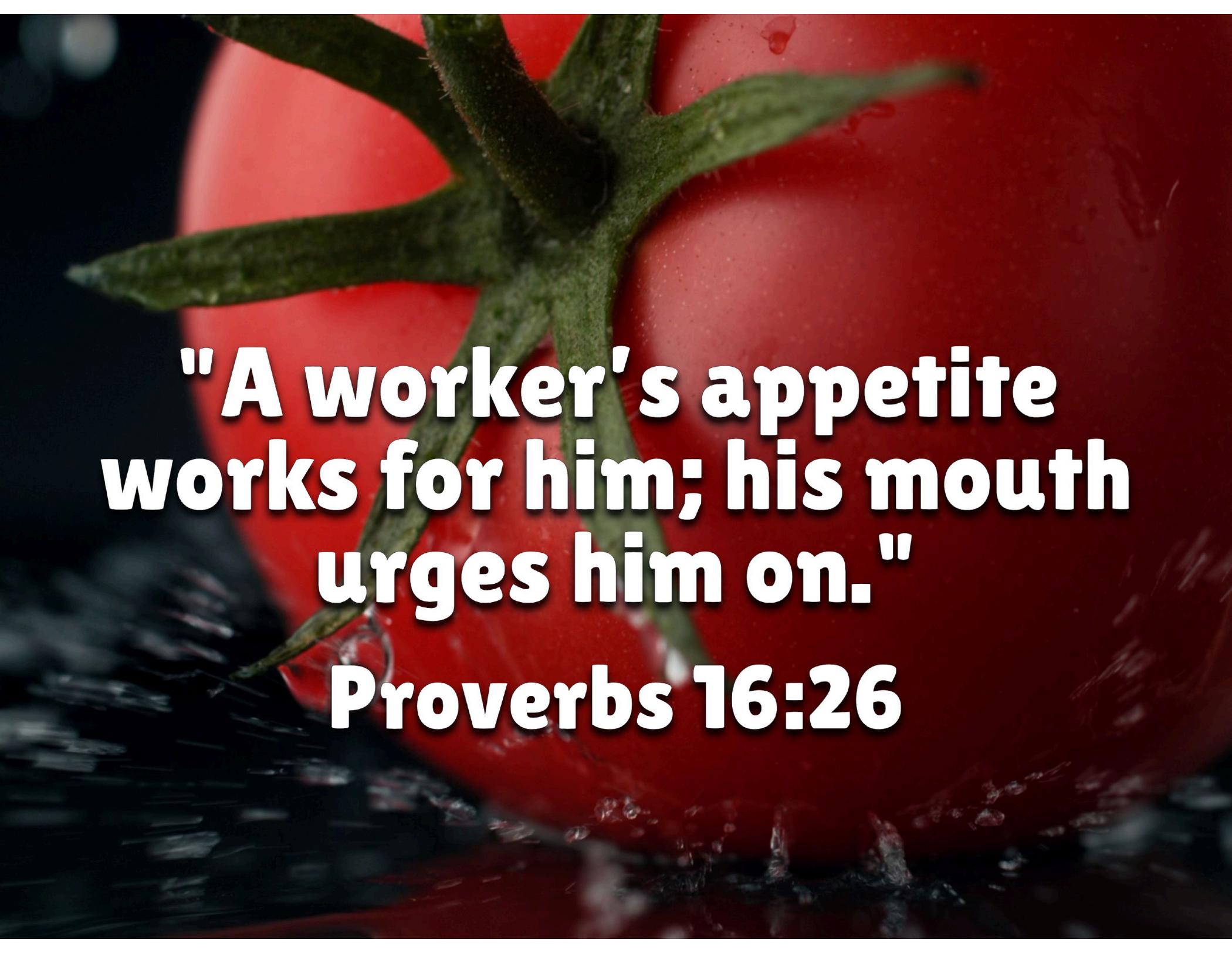
Fill Yourself Up With the Lord

Matt. 5:6; Psalm 63:1–8

A close-up photograph of a glass filled with a clear, bubbly beverage, likely a diet soda or water. The glass is covered in condensation droplets. Inside the glass, there are several ice cubes and two slices of fresh lime. A white and yellow striped straw is inserted into the drink from the top left. The background is a solid, bright yellow color.

Food For Thought:

**What does my
diet consist of?**

A close-up photograph of a red tomato with green leaves and water splashing around it. The tomato is the central focus, with its vibrant red color and green stem and leaves clearly visible. Water droplets are captured in motion, splashing around the base of the tomato, creating a dynamic and fresh appearance. The background is dark, making the tomato stand out prominently.

**"A worker's appetite
works for him; his mouth
urges him on."**

Proverbs 16:26



1 Peter 2:2–3; Heb. 6:4–6

Develop an Insatiable Appetite



Food For Thought:

**Is my appetite
increasing?**



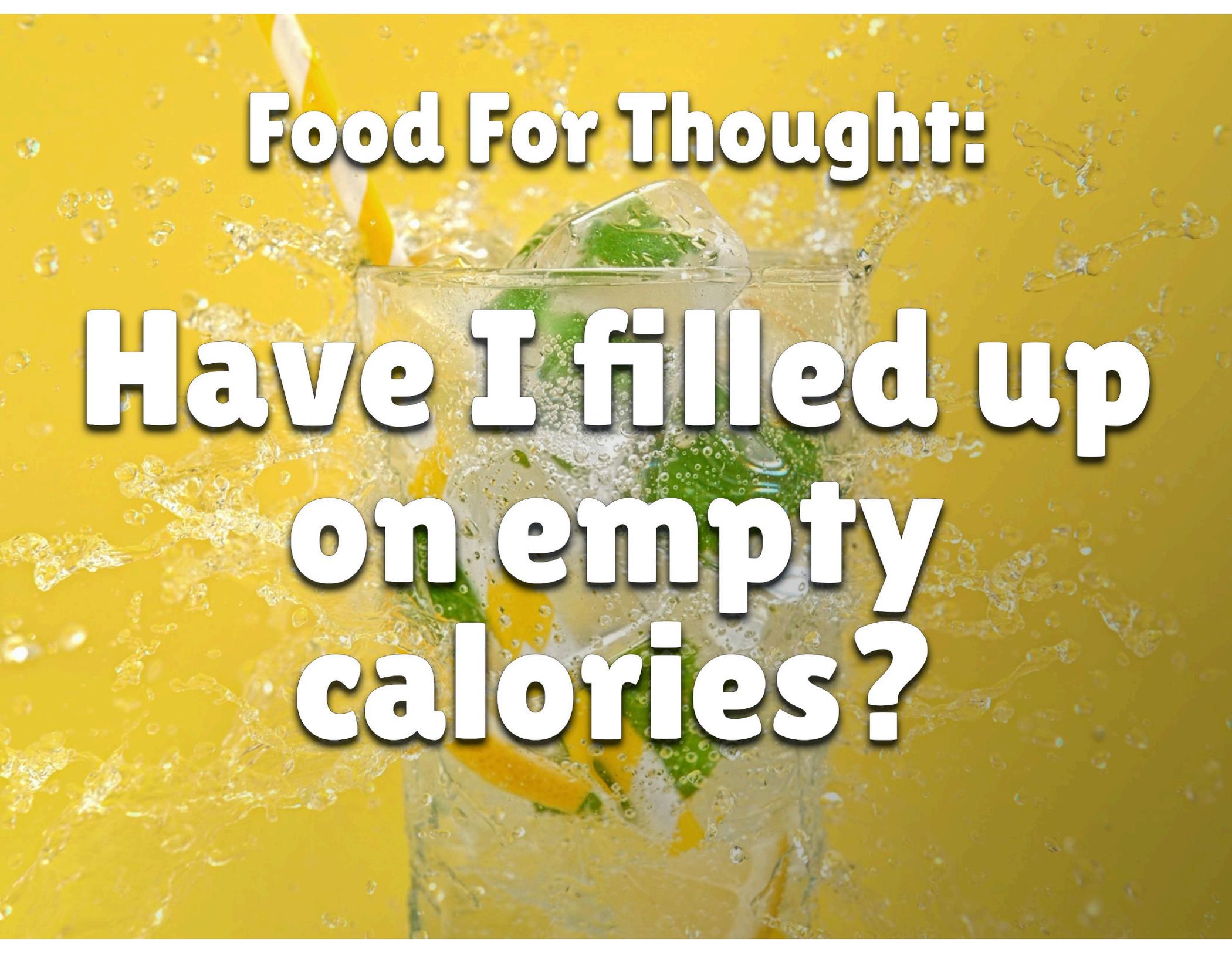
**"One who is full loathes
honey, but to one who is
hungry everything bitter
is sweet."**

Proverbs 27:7



Don't Settle for Junk Food

Num. 11:4–5; Phil. 3:18–19

A vibrant yellow background with a central image of a glass of lemonade. The glass is filled with ice cubes, lemon slices, and mint leaves, and is surrounded by splashing liquid. The text is overlaid on this image.

Food For Thought:

**Have I filled up
on empty
calories?**

**Are You
Hungry?**

