



RISING

ABOVE

Stubbornness

Avoiding a Hard-Hearted Way of Living

RISING
A B O V E
Stubbornness

Prautēs

Meekness, Gentleness, Courtesy

**To be moldable,
sensitive, and humble**

James 3:13-18

Sklērynomai

Stubborn, Hardened

**Refusing to listen,
change, or reconsider**

Rom. 2:1-5

STUBBORNNESS

≠

STRENGTH

MEEKNESS

≠

WEAKNESS



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"Now the man Moses was very meek, more than all people who were on the face of the earth."

Numbers 12:3



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"Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light."

Matthew 11:29-30



Choosing Meekness

Stay moldable when you
hear God's word

James 1:19-21



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Choosing Meekness

Stay moldable when you
hear God's word

James 1:19-21

**Be considerate, courteous,
patient, and kind**

James 3:13-1; Phil. 2:3-4



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Choosing Meekness

Stay moldable when you
hear God's word

James 1:19-21

Be considerate, courteous,
patient, and kind

James 3:13-1; Phil. 2:3-4

Don't kick against
God's direction

Acts 26:14; Phil. 2:13



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Meekness Toolbox

Meditate on passages like
Matt. 5:3-12, Psalm 37:1-11,
and Col. 3:12-15



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Meekness Toolbox

Ask yourself, "Is there an area of my life where I'm fighting God rather than yielding?"



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Meekness Toolbox

Pray to the Lord, "Give me a heart of meekness. As I receive your implanted word, shape my life." (cf. James 1:21)



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Meekness Toolbox

Write "blessed are the meek"
on a Post-It on your mirror as
a reminder this week.



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Meekness Toolbox

Ask someone, "Where have you seen the beauty of meekness in others?"



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