

RISING

A B O V E



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Disappointment

How do we do it?

RISING

ABOVE

A stylized illustration of a mountain range in shades of purple and blue. A bright sun or moon is rising behind the mountains, casting rays of light across a sky that transitions from orange at the horizon to blue at the top. The word 'ABOVE' is written in large, white, sans-serif capital letters across the middle of the image, with the 'O' containing a circular graphic of the sun/moon.

Disappointment



How do we do it?

- Refuse to be overcome with self-pity.



How do we do it?

- Refuse to be overcome with self-pity.
- Recognize the good in your disappointments.



How do we do it?

- Refuse to be overcome with self-pity.
- Recognize the good in your disappointments.
- Resist the urge to give up.

RISING

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Disappointment