## ABISING

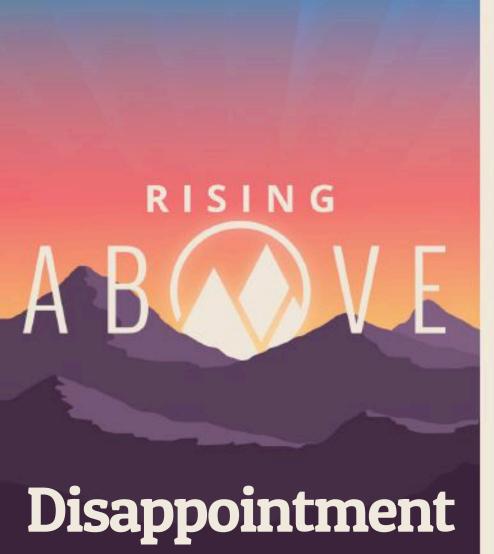
# ABISING

### Disappointment



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Disappointment



#### How do we do it?

 Refuse to be overcome with self-pity.



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 Refuse to be overcome with self-pity.

 Recognize the good in your disappointments.



#### How do we do it?

 Refuse to be overcome with self-pity.

 Recognize the good in your disappointments.

Resist the urge to give up.

# ABISING

### Disappointment