

RISING

A B O V E



Ingratitude

Living Thankfully Towards God and Others

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Ingratitude

Distraction

**Too busy to see
God's blessings**

Luke 17:11-19

Alertness

**Stopping to thank
God for all we enjoy**

Col. 3:17; 4:2

Challenge

Go on a "gratitude walk" looking for God's blessings.

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Discouragement

Letting life's troubles
rob you of joy

Matt. 13:22

Acceptance

Giving thanks in all
of life's circumstances

1 Thess. 5:18; Phil. 4:4-8

Challenge

Ask someone,
"How does loss open
you to gratitude?"

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Deception

Blinded to God's
power in our lives

Rom. 1:21

Acknowledgement

Seeing God as the
source of blessings

James 1:16-18; 1 Tim. 4:4

Challenge

Pray, "Let me see your
grace all around me,
Lord, and overflow with
thanksgiving."

(cf. Col. 2:7)

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Disdain

**Prideful comparison
to others' lives**

Luke 18:11-12

Assistance

**Sacrificial service
binds us together**

2 Cor. 4:15; 9:11-12

Challenge

Ask yourself, "What changes in me when I decide to have gratitude in serving others?"

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