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**Instead of worrying...**

**1. Pray.**



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### **Instead of worrying...**

1. **Pray.**
2. **Trust God.**



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- **Check your priorities.**
- **Put your trust in God.**
- **Understand that worrying won't change anything.**

### **Instead of worrying...**

1. **Pray.**
2. **Trust God.**
3. **Count your blessings.**





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## **(Matthew 6:25-34)**

- **Check your priorities.**
- **Put your trust in God.**
- **Understand that worrying won't change anything.**
- **Take life one day at a time.**

