

**Luke 10:38-42**



# **Martha Mary & Margin**

OVERCOMING  
OVERLOAD



**Mary**

FOCUSED

RELAXED

UNCONCERNED

PRESENT



**Martha**

DISTRACTED

ANXIOUS

TROUBLED

DISTANT

# Margin

THE AMOUNT  
AVAILABLE BEYOND  
WHAT'S NECESSARY



# Margin

SABBATH

TITHING

HARVESTING



# Observations on Margin



**MARGIN STARTS  
WITH WHAT  
WE VALUE**

**Matt 6:33**



**WITHOUT MARGIN,  
STRESS INCREASES  
AND RELATIONSHIPS  
SUFFER**

**Matt 11:28-29**

**SAYING NO TO  
GOOD THINGS  
LETS US SAY YES TO  
BETTER THINGS**

**Eph 5:15-17**

**MARGIN IS OFTEN  
MISTAKEN FOR  
SINFULNESS**

**Matt 11:19**

**JESUS ISN'T  
IMPRESSED BY  
MARGINLESNESS**

**Matt 7:21-23**



# Helpful Questions



**WHAT ARE SOME  
SPECIFIC STEPS YOU  
CAN TAKE TO REDUCE  
STRESS IN YOUR LIFE?**

**HOW HAVE YOU SEEN  
YOUR INTIMACY WITH  
GOD AND OTHERS  
DECREASE AS A RESULT  
OF NOT HAVING  
ENOUGH MARGIN?**



**WHAT ARE YOU  
PLACING BEFORE  
GOD?**





**HOW CAN YOU PUT  
GOD FIRST THIS  
WEEK?**