

Mt. Carmel



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“It is enough; now, O Lord, take my life, for I am not better than my fathers.”

- 1 Kings 19:4

Things to Remember When You Get Discouraged

Everyone gets
discouraged.

- Elijah got discouraged.
- Moses got discouraged.
- Jeremiah got discouraged.



Things to Remember When You Get Discouraged

God knows what you
are going through.

- God also cares about what you are going through.
- God has also provided you with a church family to help you.



“Bear one another's burdens, and so fulfill the law of Christ.”

- Galatians 6:2

“Now we exhort you, brethren, warn those who are unruly, comfort the fainthearted, uphold the weak, be patient with all.”

- 1 Thessalonians 5:14



Things to Remember When You Get Discouraged

This moment is not
the end.

- Things were not as bad as Elijah thought.
- God needed Elijah to pick himself up and get back to work.

